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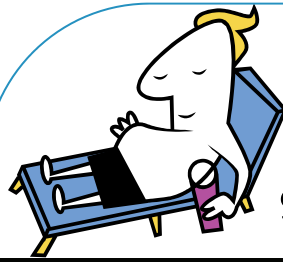
- Resident Manager
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- Office Manager
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- Property Coordinator
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- Leasing Consultant
Steve Payne

Maintenance Staff:

- Dave Mahan
- Adam Mahan

**\$150
Rent**

**Referral
Bonus**



Dover Manor Summer 06' Newsletter

June-July 2006

Log on to www.apartmentratings.com and post a review

Volume II, Issue III

Meet neighbors from the comfort of your home

Quite a few people have already joined the Dover Manor community forum, have you? Log on to <http://lawrencevilleapartments.com/LVGforum> to discuss local events, post a wanted/for sale ad, write a blog, or upload photos.

Save Energy, Save \$\$\$

- Turn your refrigerator down, they account for approximately 20% of your electric bill. Use a thermometer to set your fridge to 37 degrees and your freezer to 3 degrees.
- Use your microwave more, a microwave oven uses 70-80% less energy than a conventional oven.
- Buy energy-efficient fluorescent bulbs, they may cost more but they use 75% less energy than standard bulbs and can last up to 10x longer.
- Instead of one large lamps to cover an area, use multiple smaller lamps to cover specific areas. Position the lamps close to the walls to make the most of the reflected light, and turn them off when not needed.
- Use a fan instead of your air conditioner when possible, most fans use about 90% less energy than an air conditioner.

Recipe of the month: **African Peanut Soup** submitted by Padawan on the LVG Forum
submit your favorite recipe to spayne@mmgtco.com

INGREDIENTS: 2 tbs olive oil
 2 medium onions, chopped
 2 large red bell peppers, chopped
 4 cloves garlic, minced
 1 (28 ounce) can crushed tomatoes, with liquid
 8 cups vegetable broth or stock
 1/4 tsp pepper
 1/4 tsp chili powder (optional)
 2/3 cup extra crunchy peanut butter
 1/2 cup uncooked brown rice



DIRECTIONS: Heat oil in a large stock pot over medium high heat. Cook onions and bell peppers until lightly browned and tender, stirring in garlic when almost done to prevent burning. Stir in tomatoes, vegetable stock, pepper, and chili powder. Reduce heat to low and simmer, uncovered, for 30 minutes.
 Stir in rice, cover, and simmer another 15 minutes or until rice is tender. Stir in peanut butter until well blended, and serve.

Want to be featured in the newsletter?

If you have a story, photograph, or helpful information to share, send it to spayne@mmgtco.com

We would like to welcome our new neighbors in the following units:
A10, B10, B13, C12, D11, E20

Reminders

Make sure you clean up after your pets!

Cigarette butts should be discarded in the trash, not on the ground.

Upcoming Events

Lucky Stiff at the Kelsey Theater
(1200 Old Trenton Rd, West Windsor)
Friday June 9 - Sunday June 11
\$10 kids / \$16 adults
www.luckystiffonstage.com

Did you know?

- 45% of Americans don't know that the sun is a star
- The carnival made its North American debut in 1894
- There are approximately 618 roller coasters in the U.S.
- The average person walks 4 to 5 miles each year just making their bed
- About 18% of the population is prone to sleepwalking
- The human heart beats about 35,000,000 times each year